











liveandplayvisalia.com

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Celebrating
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LIVE AND PLAY WITH US!

Newsletter: July 2011

Each month the Visalia Parks & Recreation Department Newsletter shares details about great leisure and lifestyle classes, activities and events offered at City parks and facilities. Please pass this e-newsletter along to your friends and family and encourage them to join in the fun!

In this issue:

- Announcements
- Special Events
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ANNOUNCEMENTS

Summer Registration

The summer recreation program guide is available now! If you did not receive your copy in the mail, please stop by and pick one up at the Anthony Community Center or visit us online at www.liveandplayvisalia.com. We are currently accepting registration for summer programs. For more information call 559-713-4365 or email recreation@ci.visalia.ca.us.

Spread the Word!

Help us spread the word. Send this newsletter to your friends, family and neighbors so they can stay up to date on the latest news and events from the City of Visalia Parks & Recreation Department. Encourage them to sign up at www.liveandplayvisalia.com. Follow us on Facebook at: http://www.facebook.com/visaliaparksandrecreation.



4th of July Celebration

The Visalia Parks and Recreation Foundation is partnering with Southern California Edison Company to present this year's Freedom Celebration. The event, which will be held at Giant Chevrolet Mineral King Bowl, will be free to the public but a donation of \$3 a person is requested to help defray costs to the Foundation. This year, Southern California Edison is celebrating its 125th Anniversary and is tying this anniversary to the lighting of the streetlights in Visalia on July 4th, 1886. The program, which starts at 7:15pm, will include local band, Long Riders, a flyover by the US Military and, of course, culminate in a fireworks spectacular. Concessions will be provided by several vendors. Gates open at 7:00pm. Volunteers are needed to take gate donations and to sell novelties. Volunteers will need to be at the VIP booth at 6:45pm and will be needed until fireworks begin at 9:00pm. Anyone interested in helping should contact Carol Hoppert Hays at 936-4400.

Movies in the Park

Join the fun Friday Nights at the Riverway Sports Park for a FREE movie. Movies will begin at dark (approx. 8:30pm)

July 1st The Last Airbender

July 8th How to Train Your Dragon

July 15th The Karate Kid July 22nd Megamind

July 29th Twilight Saga Eclipse

Summer Night Lights

Visalia youth and teens are encouraged to join us Saturday nights this summer for FREE food, activities and entertainment. Event is from 8pm - 11:30pm

July 2nd Mt. Whitney Pool ***
July 9th Rawhide Stadium

July 16th Anthony Community Center

July 23rd Visalia NAZ

July 30th Riverway Sports Park ***



4th Annual Corporate Games

Visalia area businesses and employee based organizations can register their team to compete in diverse team activities to encourage participation from employees of all interests and abilities. The Corporate Games aims to promote healthier lifestyles through teamwork, participation and fun!

Th - F 9/15 – 9/23 \$500 per team

For more information call 713-4336 or email mfitzgerald@ci.visalia.ca.us

^{***}Families welcome on these nights

Summer Specialty Camps

Camps include a daily snack, t-shirt and complimentary photo. For a complete listing of camp descriptions and to view camp itineraries, visit our website at www.liveandplayvisalia.com.

Ages 5 – 8				
Jr. Rangers Camp	7/11-7/15	9am-12pm	\$60	#5519
 Animal Planet Camp 	7/18-7/22	1-4pm	\$60	#5522
Ages 5 – 12				
Sports Action Camp	7/11-7/15	9am-12pm	\$60	#5547
 Flag Football Camp 	8/1-8/5	9am-12pm	\$60	#5909
Ages 7 – 12				
Dorothy Collins Volleyball Camp	7/25-7/29	1:30-4:30pm	\$100	#5892
Ages 8 – 14				
Aquatics Adventure Camp	7/25-7/29	1-4pm	\$60	#5886
Ages 9 – 12				
Art Camp	8/8-8/12	9am-12pm	\$60	#5524
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Ages 10 – 13				
Brazilian Jiu-Jitsu Camp	7/11-7/15	10-11am	\$50	#5912
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Ages 12 & over				
Knitting Camp	7/25-7/29	1-4pm	\$60	#5523
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Ages 13 – 16				
Teacher in Training Camp	7/18-7/22	9am-12pm	\$60	#5521
Fitness/Athletic Training Camp	8/1-8/5	10am-12pm	\$60	#5913
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Ages 13 – 18				
Dorothy Collins Volleyball Camp	7/20-7/22	1:30-4:30pm	\$65	#5893
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Kids Club Day Camp "Kamp Kaboom"

At "Kamp Kaboom" kids will engage in activities and crafts that are exciting, enthusiastic and sure to thrill! A sack lunch and snacks will be provided daily. Enrollment is limited. Registration is accepted on a first come basis. Payments must be made in advance in order for children to participate in camp. To view prices and field trip destinations, visit our website at www.liveandplayvisalia.com.

Location: Anthony Community Center

M - F 6/13 - 8/12 7:30am - 5:30pm Ages 5 - 12

AQUATICS

Swim Lessons

Group and Private lessons are available during the summer. For a complete listing of times and class descriptions visit our website at www.liveandplayvisalia.com. Group Lessons are \$54 and Private Lessons are \$70 per participant.

Swim Stroke Clinic

Participants will work on butterfly, breaststroke, backstroke and freestyle swim mechanics.

Location: Golden West High School Pool

#5905 M - F 8/1 - 8/5 1 - 3pm 8 & over \$50 for week

Swim Stroke Schedule: \$20 each individual class (M – Th)

Monday Freestyle
Tuesday Backstroke
Wednesday Butterfly
Thursday Breaststroke

Lap Swim

Location: El Diamante, Mt. Whitney & Golden West High School Pools

Lap Swim Schedule: Lap Swim Punch Card \$25 for 15 sessions, non-refundable

El Diamonte: Mt. Whitney: Golden West:

 Monday - Friday
 Monday - Friday
 Tuesday & Thursday

 9am - 12:15pm
 10:30am - 12:00pm
 7:30 - 8:30am

 4:30 - 9:00pm
 6:15 - 8:15pm
 4 - 6pm

Public Swim

Location: Redwood High School Pool

Daily 6/9 – 8/7 12 – 3pm \$1.50 (ages 13 & over) \$1.25 (ages 12 & under)

Agua Zumba

Location: Mt Whitney High School Pool

#5473 T & Th 7/12 – 8/4 7:30 – 8:30am 16 & over \$35

FITNESS

Zumba Fit-Pass

This Latin inspired, easy to follow, calorie burning class is for ages 16 & over. Wear comfortable clothing and shoes.

Location: Anthony Community Center

M & W 6:30 – 7:30pm \$36 for 8 punches or \$62 for 16 punches

Polynesican Dance Camp

This camp will give participants a basic understanding of traditional Polynesican Dance.

Location: Whitendale Community Center

#5474 M – F 8/8 – 8/12 2 – 3:30pm Ages 16 & over \$40

RIPPED/ Fit Boot Camp

Location: Anthony Community Center Gym

#5928 M, W & F 7/7 – 7/29 5:00 – 6:00am 16 & over \$65

SPORTS

Youth Volleyball League

Serve, Set, Smash! Our Fall Youth Volleyball League is offered for boys and girls grades 3rd through 8th. Basic fundamentals, positive peer interaction and good sportsmanship are the foundation for this league. Practice times are arranged by coach. <u>Team requests will not be accepted.</u>

Location: Anthony Community Center & Manuel F. Hernandez Community Center Gyms

Deadline to register: August 19th

#5906	Sa	9/10 - 10/29	3 rd – 4 th Grade	Bumpers	\$65
#5907	Sa	9/10 - 10/29	5 th – 6 th Grade	Diggers	\$65
#5908	Sa	9/10 – 10/29	7 th – 8 th Grade	Setters	\$65

NFL Flag Football

Nationally acclaimed NFL Flag Football is thriving in Visalia. Practice times are arranged by coach. <u>Team requests will not</u> be accepted.

Location: Whitendale Park Deadline to register: August 19th

#5899	Sa	9/17 – 10/22	Ages 3 – 4	Tiny Tots	\$50
#5900	Sa	9/17 – 11/12	Ages 5 – 6	Pee Wee	\$65
#5901	Sa	9/17 – 11/12	1 st – 2 nd Grade	Instructional	\$65
#5902	Sa	9/17 – 11/12	3 rd – 4 th Grade	Minors	\$65
#5903	Sa	9/17 – 11/12	5 th – 6 th Grade	Majors	\$65
#5904	Sa	9/17 – 11/12	7 th – 8 th Grade	Seniors	\$65

Discount Registration:

Receive a \$10 discount when you register for volleyball or football July 23^{rd} at the Anthony Community Center from 9am - 12pm. Online registration is not applicable.

YOUTH PROGRAMS

Free Youth Programs

Manuel F. Hernandez Community Center Drop-In Program

M - F 6/13 - 8/12 12 - 6:30pm Ages 6 - 17

Loop Bus: Travels to youth community centers, visit our website for more information.

M - F 6/13 - 8/12 12 - 6pm Ages 6 - 17

Summer Lunch Program: Manuel F. Hernandez & Anthony Community Centers M – F 6/13 – 8/12 12 – 1pm Ages 18 & under

ADULT CLASSES

A variety of adult classes will be offered in July. View class descriptions & register online at: www.liveandplayvisalia.com.

Women's Self Def #5530	Tense Class Sa	7/16	10:00 – 11:00am	13 & over	\$5
The Art of Photog #5574	raphy Sa	7/16 – 8/20	9:00 – 11:00am	18 & over	\$40
How to Sell on eB #5595	ay M	7/11	6:00 – 9:00pm	18 & over	\$20
Facebook Class #5589	Tu	7/12	6:00 – 7:00pm	18 & over	\$20
Microsoft Word C #5590	lass Th	6/2 – 7/12	6:00 – 7:00pm	18 & over	\$25
Ceramics #5560	Tu	7/5 – 7/26	10:00am – 1:00pm	55 & over	\$20
Beginning & Inter #5554 – Beg #5556 – Int	mediate Line Danci i Tu Tu	ng 7/19 – 8/23 7/19 – 8/23	6:00 – 7:00pm 7:15 – 8:15pm	18 & over 18 & over	\$20 \$20
Conversational Sp #5552	oanish Th	7/21 – 8/25	6:30 – 7:30pm	18 & over	\$30
Tole Painting #5567	Th	7/7 – 7/28	10:00am – 1:00pm	55 & over	\$20
Basic Computer #5571 #5572	W W	7/13 – 8/17 7/13 – 8/17	6:00 – 7:00pm 7:15 – 8:15pm	55 & over 55 & over	\$20 \$20
Troubleshooting \ #5549	Your Computer Th	7/7 – 7/28	7:15 – 8:15pm	18 & over	\$20
Graphic Arts #5576	W	7/27 – 8/17	4:15 – 5:15pm	18 & over	\$25
Gentle Yoga #5598	M	7/25 – 8/29	10:00 – 11:00am	55 & over	\$20
Mindful Meditation #5478	ns for Health & Stre W	ss Reduction 7/27 – 8/31	6:30 – 7:50pm	14 & over	\$40
Qi Gong for Healt #5476	h & Well Being W	7/27 – 8/31	5:00 – 6:20pm	14 & over	\$40